

Are you interested in playing a high school sport this winter?

All current 7th and 8th graders interested in competing at the high school level in the Winter of 2019-2020 must follow the **NYSED ATHLETIC PLACEMENT PROCESS (APP)** (formerly known as the Selection Classification Process)

The New York State Education Department voted to revise the Selection Classification program in September, 2015.

The biggest differences?

OUT are the broad jump, 1.5 mile run, arm hang and the 50 yd. dash. The test will now include; sit-ups, shuttle run, 1 mile run, pull-ups, sit & reach (flexibility).

To pass the Fitness Component

Students must attain 85th percentile (from national norms for their age) in 4 of 5 tests.

The **tanner level** has been revised as well. In short, previously the highest tanner level student-athlete's needed to reach was a #4.

SED has now created a Tanner #5; which is required for some sports.

And a third change is that SED will NO LONGER consider any appeals.

For more information on APP please visit our website.



Kenmore West **APP Fitness Test Dates:**

Monday 10/28/19

Tuesday 10/29/19

Wednesday 10/30/19

2:45 PM in the KW Weight Room

Hoover Middle School

APP Fitness Test Dates

Tuesday 10/29/19

Wednesday 10/30/19

3:30 PM in the HMS Large Gym

Modified & Intramural sports participants
DO NOT need to take the Athletic Placement Test

All student athletes **MUST** have a current physical on file to try out for any sport. Please see your school nurse to find out what paperwork you need to turn in. Forms can also be found on the district website

www.ktufsd.org

click on 'Athletics' and then 'Athletic Information'

If you have any questions, please contact the Athletic Office at 871-3082